

4-week Intensive Chinese Medicine Theory / Acupuncture / Tuina Basic Program

Allied Gateway offers study in China Chinese Language course, Mandarin course, Chinese Medicine course, TCM course, Acupuncture course, Tuina course, Acupuncture training, Tuina training, Tui na course, Qigong course, Qi Gong course, Chi Kung course, Chi Kung healing course, Tai Ji course, Chi healing course, Taiji healing course, Tai Ji healing course, Taiji course, Kung Fu course, Wushu course and Martial Arts course in China.



▣ Program Description

6 hours a day, from Monday to Friday, this is an intensive program that can make a learner to have great practice ability in weeks!

This program aims to TCM practical application for practitioners and self healers.

TCM theories are taught but not circumscribed in. Case-treatments for Chronic and Acute Pain, Neurological Disorders, Upper Respiratory Disorders, Digestive Disorders, Urinary and Reproductive Disorders etc. will be detailedly studied as an important part of this program.

The program is scheduled to begin with the Basic Theory of Chinese Medicine, through Classic Theory of Chinese Medicine including Meridians, Acupoints, Techniques of Acupuncture and Moxibustion, and Acupuncture Therapeutics and unique Acupuncture and Moxibustion treatment for different patients with different diseases, and finally give the students hospital probation.

All the profound theories of the course will be explained in simple language in English with the aim of helping students to understand clearly and fully. And the professional and sufficient clinical practices ensure the practical application after completing this program.

▣ Program advantage

- 1) the program focuses on educational quality and given by lecturers who are either of at least 10-years-up experienced TCM doctors or of high TCM degreed teachers. They are all real elites in TCM;
- 2) the program has a big part on case-study by hospital doctors who have many years of treatment experiences. It is not only a normal theoretical program but a unique one;
- 3) Unlike other program which gains a superficial understanding through cursory, to ensure a best results, class is setup to small class with about 10 students each time, sometimes 4-6 students, hence every student can be paid highly attention. You'll greatly involve in;
- 4) The program also includes TCM therapies on modern treatments to illnesses like weight-loss, beauty etc which is advanced on the earth;

5) The program includes a quarter of time length on TCM hospital probation which TCM doctors teach you hand to hand and you can talk to patients face to face!

▣ Program Schedule *

Week	Day	Morning(8:30 - 11:30)	Afternoon(13:30 - 16:30)
Week 1	Mon	Basic Theory of TCM — Introduction and theory of yinyang	Basic Theory of TCM — Five elements
	Tue	TCM Diagnostics — General introduction and inspection	TCM Diagnostics — Inquiry and pulse-taking
	Wed	Acupuncture — Introduction to meridian and acupoint	Tuina — Introduction to Tuina
	Thur	Basic Theory of TCM — Qi, blood and body fluid	Acupuncture — Meridians and acupoints
	Fri	Visit TCM museum	Acupuncture — Meridians and acupoints
	Sat	Taiji Exercise 6:00am	Huangpu River Night Cruise 19:30pm
	Sun	Free happy hour	Free happy hour
Week 2	Mon	Basic Theory of TCM — Qi, blood and body fluid, Zangfu-organ	Acupuncture — Meridians and acupoints
	Tue	TCM Diagnostics — Eight-principle pattern identification	TCM Diagnostics — Qi, blood pattern identification
	Wed	Acupuncture — Meridians and acupoints	Tuina — Disease based medicinal manipulation
	Thur	Basic theory of TCM — Zangfu organ	Acupuncture — Meridians and acupoints
	Fri	Acupuncture and moxibustion, cupping techniques	Acupuncture — Meridians and acupoints
	Sat/Sun	Two-day Weekend Trip to Hangzhou. Extra charge of RMB900/person for trip traffic, meals and hotel single room.	
Week 3	Mon	Basic theory of TCM — Etiology	Acupuncture — Introduction to acupuncture therapeutics
	Tue	TCM Diagnostics — Pattern identification of Zangfu organs	TCM Diagnostics — Pattern identification of Zangfu organs
	Wed	Acupuncture Clinical Probation	Tuina — Self health preservation
	Thurs	Basic theory of TCM — Etiology and Pathology	Acupuncture — Various Pain
	Fri	Acupuncture — Chronic fatigue, depression OA knee	Acupuncture — Weight loss, beauty, and impotence
	Sat	Taiji Exercise 6:00am	Acrobatics Show 19:30pm
	Sun	Free happy hour	Free happy hour
Week 4	Mon	Acupuncture Clinical Probation	Acupuncture Clinical Probation
	Tue	Acupuncture Clinical Probation	Acupuncture Clinical Probation
	Wed	Acupuncture Clinical Probation	Acupuncture Clinical Probation
	Thur	Acupuncture Clinical Probation	Acupuncture Clinical Probation
	Fri	Case Study	Question and Answer

* Minor change could be made to the schedule without pre-notice

▣ Program Dates

Program Name	Program Code	Program Dates
4-Week Intensive Acupuncture / Tuina Basic Program	TB4SH	11 May - 5 Jun 8 Jun - 3 Jul 6 Jul - 31 Jul 3 Aug - 28 Aug 31 Aug - 25 Sept 28 Sept - 23 Oct 26 Oct - 20 Nov 23 Nov - 18 Dec

▣ Application & Enrolment Deadline

Please click [here](#) to enquire.

▣ Accommodation

Hotel single room, well furnished with bed, TV, telephone, private bathroom, desk, and air-conditioner. We offer you internet access free of charge. PC not included.

The accommodation covers from one day prior to the program starting date to the day when the program finishes.

▣ Airport Transfer

Allied Gateway offers free arrival-pick-up at the airport. Our staff will meet you at the arrival gate after you get your luggage and take you to your accommodation. You need to provide us with correct flight information – flight number / flight arrival date / airline.

▣ What Are Included

- * Tuition
- * Clinical practice
- * Accommodation
- * Airport arrival-pick-up
- * Orientation package
 - + Allied Gateway Live-in-Shanghai Handbook
 - + Map of Shanghai and China
 - + English/Chinese menu
 - + Emergency card with 24/7 staff contact info
- * Weekend activities within city
- * Money exchange and bank account opening assistance
- * Assistance with travel plans and arrangements
- * 24/7 emergency support
- * Allied Gateway on-site on-going assistance

▣ How to Apply

To apply, you need to meet requirements below

- * Above 18 years old
- * Be a high school graduate
- * Be in good health

For how to apply, please click here

▣ Other Chinese Medicine Programs

[4-week Intensive Acupuncture / Tuina Introductory Course](#)

[TCM / Acupuncture / Tuina Clinical Practice Program](#)

[3-month Acupuncture / Tuina TCM Basic Course](#)

[Advanced 3-month Acupuncture / Tuina TCM Course](#)