



CULTURAL EMBRACE

2009 Volunteer Abroad Program

Location	Start Dates	Program Fees (US\$)	What's Included	What's Not Included	Projects
Africa (South Africa, Kenya, Zimbabwe, Ghana)	Various start dates. All year round. Min. 1-3 weeks Max. 12 months	Varies based on project & destination. Fees starting from \$680/€465 for one week	<ul style="list-style-type: none"> • Volunteer placement • Housing (basic & safe) • Most meals (varies per project) • Arrival pick-up & transfer • Training orientation, assessment • Comprehensive health insurance • Optional cultural activities & trips 	<ul style="list-style-type: none"> • International and local transportation • Visa fees (if applicable) 	<ul style="list-style-type: none"> • Orphanage Assistance • Social Welfare • Community Work • Animal & Wildlife Conservation • Teaching/Tutoring • Medical/Health
Australia/ N. Zealand (Throughout Australia. Auckland, New Zealand)	Australia: Starts every Wednesday. New Zealand: Starts every Saturday. Minimum 1 wks Maximum 6 mo	Australia: Varies based on project & destination. Fees starting from \$1110 (1 wk) to \$1765 (6 wks) Up to \$320/extra week New Zealand: 1 Week: \$970 2 Weeks: \$1100 4 Weeks: \$1365 6 Weeks: \$1645 Extra Week: +\$200	<ul style="list-style-type: none"> • Volunteer placement, training, orientation, assessment • Housing (basic & safe) • All meals (most family style & prep) • Project-related transportation • 2-nights arrival package: airport transfer, accommodations, breakfasts, and excursions • Comprehensive health insurance • Volunteer t-shirt or wildlife guide-book 	<ul style="list-style-type: none"> • International transportation • Visa Fees (if applicable) 	<ul style="list-style-type: none"> • Tree planting • Walking trail construction • Seed collection • Flora & fauna surveys • Endangered species protection • Heritage restoration • Weed control • Environmental monitoring • Fencing • Painting
Cambodia	All year round. Starts every 1st Monday of the month. Min. 2 weeks Max. 6 months	2 Weeks: Starting from \$1305 for 1 wk orientation + 1 wk volunteer or opt for tour or beach excursions	<ul style="list-style-type: none"> • Volunteer placement • Housing (basic & safe) • Most meals • Arrival pick-up & transfer • Training orientation, assessment • Optional cultural activities & trips • Comprehensive health insurance • Optional cultural activities & trips 	<ul style="list-style-type: none"> • International transportation • Visa fees (if applicable) 	<ul style="list-style-type: none"> • Teaching/tutoring English • Cultural Excursions and Activities
India (States: Himachal Pradesh, Goa, Rajasthan)	Various start dates. All year round. Min. 2 weeks Max. 1 year	Varies based on project & destination. Fees starting from \$1685 (2 weeks), \$2355 (4 weeks)	<ul style="list-style-type: none"> • Volunteer placement • Housing (basic & safe) • Minimum 2 meals/day • Airport pick-up/drop-off & transfer • Cultural activities (ie: cooking, yoga, meditation) • Excursions (ie: Taj Mahal, Amber fort w/elephant ride, tiger safari, beach—varies on location) • Training, orientation, assessment • Comprehensive health insurance 	<ul style="list-style-type: none"> • International transportation • Visa fees (if applicable) 	<ul style="list-style-type: none"> • Orphanage Assistance • Teach English • Street Children • Health, Nutrition & Physical Therapy • Construction/Maintenance • Drugs & HIV Awareness • Sports & Recreation
Latin America (Argentina, Brazil, Chile, Costa Rica, Ecuador, Guatemala, Honduras, Mexico, Nicaragua, Peru)	Various start dates. All year round. Min. 1-2 weeks Max. 1 year	Varies based on project & destination. Fees starting as low US\$935 (1 week). Discounts provided for long-term stays	<ul style="list-style-type: none"> • Volunteer placement, training, orientation, assessment • Airport/bus station arrival pickup & transfer • Housing (usually host family) • Minimum 2 meals/day • Spanish or Portuguese language for most destinations' minimum duration (add'l weeks available for nominal fee) • Cultural activities & trips • Comprehensive health insurance 	<ul style="list-style-type: none"> • International transportation • Visa fees (if applicable) 	<ul style="list-style-type: none"> • Street children/orphanage • Teaching/tutoring • Social welfare • Community development • Medical/health • Environment/ecology • Construction/painting • Wildlife Conservation
Thailand	All year round. Starts every 1st Monday of the month. Min. 2 weeks Max. 6 months	2 Weeks: Starting from \$1305 for 1 wk orientation + 1 wk volunteer or opt for trek/Thai activities	<ul style="list-style-type: none"> • Volunteer placement • Housing (basic & safe) • Most meals • Arrival pick-up & transfer • Training orientation, assessment • Optional cultural activities & trips • Comprehensive health insurance • Optional cultural activities & trips 	<ul style="list-style-type: none"> • International transportation • Visa fees (if applicable) 	<ul style="list-style-type: none"> • Teaching/tutoring English • Elephant Conservation/Work • Trekking/Thai Activities • Beach week
Vietnam (HoChi Minh City, Hanoi)	All year round. 4 weeks	4 Weeks: Starting from \$1740 depending on project & location	<ul style="list-style-type: none"> • Volunteer placement • Housing (basic & safe) • Most meals • Arrival pick-up & transfer • Training orientation, assessment • Optional cultural activities & trips • Comprehensive health insurance • Optional cultural activities & trips 	<ul style="list-style-type: none"> • International transportation • Visa fees (if applicable) • Meals 	<ul style="list-style-type: none"> • Teaching/tutoring English • Wildlife Conservation • Rainforest Treks • Beach Week

Discover the Similarities...
Share the Differences...